

# Pease/Pariser Symposium for COMS Members and Spouses/Partners

Reclaim the joy of medicine, and  
reconnect with your family

## Operation Stress Removal



### Objectives

- To grasp the magnitude of the healthcare provider burnout problem, nationally and in Central Oregon
- To appreciate its effects on spouse/partner, children, and other family members
- To understand its history and contributing factors
- To learn methods of detection, realization, prevention, treatment, and cure
- To realize how to assist each other in stress removal
- To recognize, support, and participate as appropriate and early, in the Central Oregon Healthcare Professional Wellness Program

### Up to 4.5 Hours CME Credit

Entire Program: \$100

Includes dinner and breakfast

Dinner Program Only: \$50

+ 7% EventBrite surcharge

FREE CHILDCARE IS AVAILABLE THURSDAY

Sign-up at [eventbrite.com](http://eventbrite.com)  
enter "Bend burnout"  
or at  
[www.comedsoc.org](http://www.comedsoc.org)  
Sign up as COMS member  
Don't forget to register your spouse

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of St. Charles Health System and Central Oregon Medical Society. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians. St. Charles Health System designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## November 2-3, 2017

Thursday Evening and Friday Morning  
St. Charles Medical Center - Bend, Oregon  
including dinner, breakfast, childcare

### Thursday, November 2

Childcare Available

5:00-6:15 pm Simultaneous Meet-The-Expert Small Groups

1. Elaine Cox, MD Prof. Clinical Pediatrics, Indiana University  
*A Deadly Silence: My Pledge to Combat Physician Suicide*
2. Bill O'Neill, MBA CPEP, Raleigh, NC  
*Avoiding Communication Pitfalls*
3. Barry J. Taylor, DMD Asst. Prof., OHSU School Dentistry  
*Healthy Mental Health for the Dental Professional*

6:15 pm Reception

6:45 pm Dinner

7:05 Special Announcement: Donald E. Girard, MD  
Vice Chair, Oregon Medical Board  
Oregon Coalition for Healthcare Provider Enhancement

7:15-8:45 pm \*Keynote Presentation\*:

Dike Drummond, MD, Seattle

Author, *Stop Physician Burnout*

[www.TheHappyMD.com](http://www.TheHappyMD.com)

'Burnout Proof' LIVE Workshop for

Healthcare Professionals and Spouses/Partners

Dr. Drummond's book and *Lines of Life* smartphone ID card holder provided to all attendees



### Friday, November 3

7:00-8:00 am St. Charles Grand Rounds, including breakfast

Sonny Nguyen, JD, RRT, CPHRM Sr. Director, Patient Safety & Risk Management, NW Region, The Doctors Company  
*Challenges of the EHR, including Liability Claims*

Roger McKimmy, MD Oregon Urology Institute, Eugene;  
Past Vice Chair, Oregon Medical Board  
*Coping with the Electronic Health Record (EHR)*

8:00-9:15 am Simultaneous Meet-The-Expert Small Groups

A. Karen Weiner, MD, MMM, CPE CEO, Oregon Med. Group, Eugene  
*Burnout: What We Can Do About it as Leaders*

For healthcare administrators/leaders/officers followed by special session with Dike Drummond, MD and Don Girard, MD

B. Emily Dalton, MD Pediatrician, Eureka CA and Eugene  
*Is It Really Quality Improvement (QI)?*  
and Join Luh, MD Russel Pardoe Radiation Oncology Center, St Joseph Hosp., Eureka, CA  
*MACRA Regulatory Burdens and the Burnout Threat*